



OPERATION FRESH START

MISSION FILE • SERVICE AND SPEED-UP • JANE-LAPTOP

We checked it over, cleaned it up and brought it up to date. The plain-English version comes first; the full detail follows.

**MISSION
COMPLETE**
NOTHING TO WORRY ABOUT

PREPARED FOR

Jane Citizen • JANE-LAPTOP
HP ProBook 450 G8 • Intel Core i5-1135G7 • 16
GB RAM

PREPARED BY

BrAIns On Board • 1 November 2026
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Part 1 is for everyone: no jargon, five minutes. **Part 2** is the full detail, every number and every change, for anyone who wants to check our work.

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CHAPTER 1

THE ONE-MINUTE VERSION

Your laptop was spending its first minute after start-up loading **12 programs you never asked for**. Now it gets straight to work. **Nothing was uninstalled.**

-40 S**faster start-up**

95 s down to 55 s, from power button to a calm desktop.

-2.1 GB**memory used when idle**

More room for your browser and Office.

0**updates left to install**

Windows, Office and drivers are all current.

YOUR MEMORY, AS A FUEL GAUGE

This laptop has 16 GB. Here's how much was in use just sitting at the desktop:

Before**After**

Full bar = 16 GB.

WHAT THAT MEANS DAY TO DAY

- ✓ Quicker to get going in the morning.
- ✓ Fewer pop-ups after you sign in.
- ✓ More headroom before things slow down.

CHAPTER 2

WHAT'S DIFFERENT FOR YOU

NO LONGER START BY THEMSELVES

~~Spotify~~~~Teams (personal)~~~~Adobe updater~~~~HP Support Assistant~~

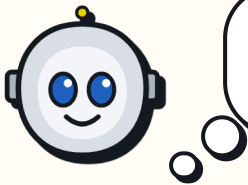
UNTOUCHED, AS YOU ASKED

Your accounting software

Printer software

Photos and documents

THOUGHTS FROM THE ROBOT WHO FIXED IT



Four programs were lining up at start-up every morning as if they'd been invited. They hadn't. They're all still installed; they just wait to be asked now.

YOU'LL NOTICE

- ✓ A faster start.
- ✓ Fewer pop-ups.

FULLY REVERSIBLE

We saved a restore point before changing anything, and every change has a written undo.

CHAPTER 3

YOUR TO-DO LIST

ALREADY DONE FOR YOU

- ✓ **Windows, Office and drivers updated.** Nothing left to install.
- ✓ **Start-up tidied.** Four programs now wait to be asked.



ONE THING TO KEEP AN EYE ON

The battery holds **71%** of its original charge. That's normal for its age, but expect shorter time away from the charger.

If it drops below a couple of hours, call us about a replacement.

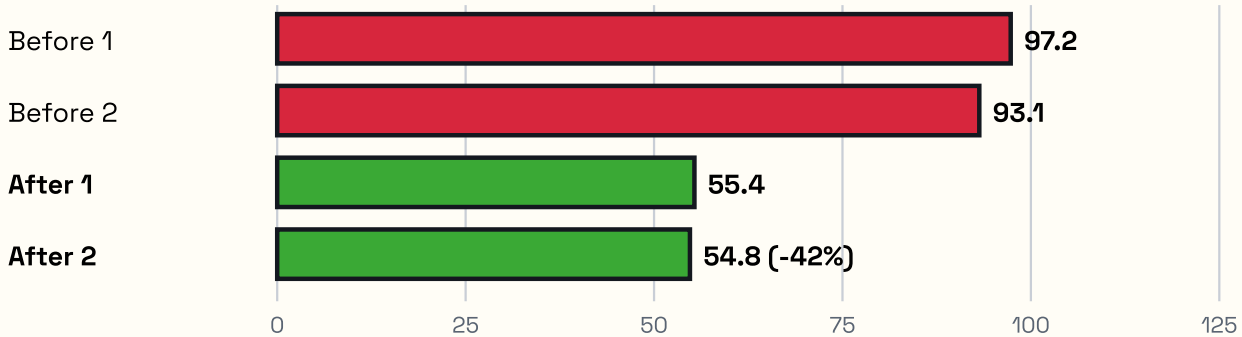
OVER TO YOU

- ☐ **Turn on a backup.** Nothing on this laptop is backed up today. Ask us and we'll set one up.
- ☐ **Restart once this week.** It finishes the last update.

CHAPTER 4

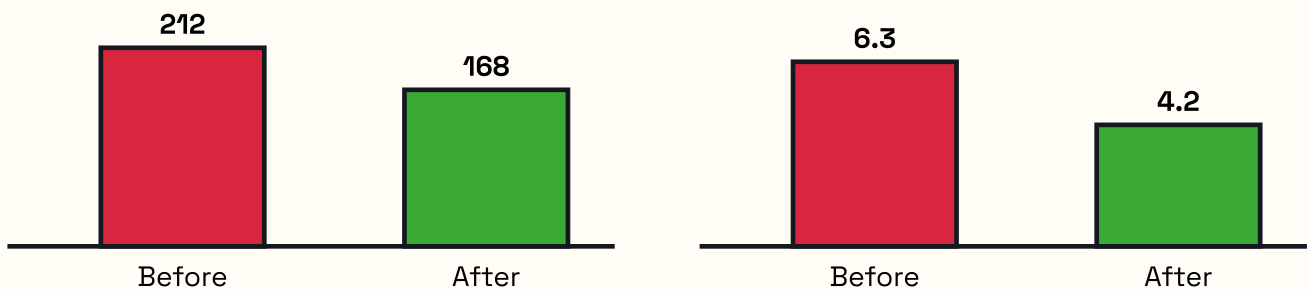
RESULTS IN CHARTS

BOOT TIME (SECONDS)



PROCESSES AT IDLE

IDLE MEMORY (GB)



Kind 'flag' draws a hatched bar: use it for a boot that went wrong, and say why in a note.



Two boots before and two after, because one measurement is an anecdote and two is a pattern. The second one after came in at 54.8 seconds. I checked it twice.

CHAPTER 5

CHANGE LOG

Restore point **#12** was taken first. Every change is in `C:\Crassus\logs\crassus.log` with its undo command.

Area	Change	Undo
START-UP		
Startup apps	Spotify, Teams (personal), Adobe updater, HP Support Assistant	Task Manager > Startup apps > Enable
UPDATES		
Windows	23 updates, including the 2026-10 cumulative update	n/a

JARGON BUSTER

Idle memory • RAM in use when the PC is just sitting at the desktop.

Restore point • Windows' undo button for system changes.



NEED US?

Something feel slow, strange or broken? Tell us what happened and when. We'll take it from there.

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JANE-LAPTOP · 1 November 2026 · every change reversible, every number measured